



EEFC COVID-19 Guidelines

All Guidelines will be reviewed on an ongoing basis throughout the season. As restrictions ease, we may be able review/amend these guidelines.

It is encouraged that all members download the COVIDSAFE App

This season Id Cards are always to be retained by the Manager, they are not to be handed to the players prior to the game.

Feeling unwell

Before participating in any football activity, all players, team officials, parents/carers and other club members must not attend training or matches, if in the past 14 days if they have:

- been unwell or had any flu-like symptoms, or
- been in contact with a known or suspected case of COVID-19, or
- any sudden loss of smell or loss of taste, or
- are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.

Please check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection: <https://www.nsw.gov.au/covid-19/symptoms-and-testing>

If any player, parent, coach, manager, committee or volunteer who experience any signs of the above-mentioned systems they should stay away from the club and self-isolate.

Parents/Spectators

- Parents/Spectators may attend games but must be 1.5m apart, except if from the same family
- Once the game or training has finished, we do encourage everyone to leave the facility as soon as possible

Changerooms

Capacity 6/7 people

- Initially Changerooms will remain closed
- It is encouraged to shower/change at home where possible
- When/If changerrooms open please adhere to the maximum capacity as indicated

Canteen

Capacity 3 people in canteen

- the canteen will be open for Drinks, Package Food and Coffee
- BBQ and Hot Chips will not be available through the canteen
- Socks and Shorts will not be sold through the canteen this season, there will be separate days and times. Please keep an eye on Facebook.
- There will only be 1 person manning the canteen, so please be patient
- Preferred method of payment will be electronic rather than cash
- If cash used preference to use correct monetary value to minimise contact where possible

Clubhouse

- Initially will be closed for general use
- When/If open please adhere to the maximum capacity as indicated.

Bar

- Initially the bar will remain closed on the Sunday

- It is expected to open at a later stage during the season
- Service will primarily be through the windows of the clubhouse rather than from inside of the clubhouse
- Preferred method of payment will be electronic rather than cash
- If cash used preference to use correct monetary value to minimise contact where possible

Ground Control Room

- Will be open but limited to 1 person within the room, maximum capacity
- Match Sheets will be contained on a table outside the Ground Control Room
- It's encouraged that Coaches and Managers carry their own pen, a pen will only be available on request.

Hygiene

- Hand Sanitisers are provided for use around the clubhouse
- Disposable gloves available for use for canteen and duty teams handling equipment
- Cleaning products are available to wipe down frequently touched surfaces
- Sneeze & Cough into elbow
- No Spitting
- It's encouraged that players, officials, volunteers and/or parents carry their own personal hand sanitiser to enable good personal hygiene
- It is encouraged that all participants provide their own clearly labelled drink bottle for their use only
- No Sharing of any food or drinks
- Clean your own playing and training strip (including bibs) and avoid sharing articles of clothing eg high visibility vests or jackets
- No sharing of whistles, flags, cards and pens

Social Distancing

- Rooms are identified with a maximum capacity, please adhere to these, they are displayed for reference
- At all times need to ensure 1.5m apart, exemption to family members
- It's encouraged that individuals be respectful of shared space and minimise time spent in enclosed public areas and observe physical distancing measures
- Team Benches have/will be marked to assist the 1.5m distance rules
- Team Benches are to be on opposite sides of the field
- Crowd Seating have/will be marked to assist the 1.5m distance rules
- Avoid crowds, large gatherings
- Get in Play or Train and then move on
- Indoor spaces/facilities will indicate the number of people that can occupy that space, these include canteens, changerooms and clubrooms

Training/Games/Equipment

Effective from 1st July

- Full Squad training is allowed includes competitive training without restrictions
- Training/friendly matches are allowed
- All skills/techniques training is allowed
- Body Contact -through tackling and challenges is allowed
- Sharing of equipment is allowed but need to continue to maintain cleaning and disinfectant measures
- If Bibs are used, each individual player is to be allocated a bib and each player is required to take the bib home and wash it.
- Return to full use of sporting facilities is permitted
- Once training has concluded social activity should be limited to essential activities
- Maintain attendance records

Duty

- There will be no requirement at this stage to either supply volunteers for the canteen or BBQ
- Duty teams will only be required to set up and pack up fields, unfortunately due to the timing some teams may do more than others. We will be trying to spread as best we can.
- Each competition team will be required to supply 2 people for ground duty.
- Each Mini Roo team will be required to supply 1 Ground Control person

Other

- Please ensure that Poster and Signage displayed around the clubhouse and fields is followed.
- Please refer to the below resources and websites to obtain accurate information:
 - Australian Government Department of Health: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>
 - NSW Government Department of Health: <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx>
 - World Health Organisation: <https://www.who.int/>
 - Australian Institute of Sport: <https://ais.gov.au/health-wellbeing/covid-19>
 - Sport Australia: <https://www.sportaus.gov.au/>

Similarly, there is a range of COVID-19 “campaign resources’ produced by the Federal Government, including posters outlining hygiene practices (e.g. promoting thorough hand washing) found at: <https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources>