



EEFC COVID-19 Guidelines updated 17th July

All Guidelines will be reviewed on an ongoing basis throughout the season. As restrictions change we will review/amend these guidelines.

It is encouraged that all members download the COVIDSAFE App

This season Id Cards are always to be retained by the Manager, they are not to be handed to the players prior to the game.

Feeling unwell

Before participating in any football activity, all players, team officials, parents/carers and other club members must not attend training or matches, if in the past 14 days if they have:

- been unwell or had any flu-like symptoms, or
- been in contact with a known or suspected case of COVID-19, or
- any sudden loss of smell or loss of taste, or
- are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.

Please check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection: <https://www.nsw.gov.au/covid-19/symptoms-and-testing>

If any player, parent, coach, manager, committee or volunteer who experience any signs of the above-mentioned systems they should stay away from the club and self-isolate.

Restrictions

Before participating in any football activity all players, teams, officials, parents/guardians and other club members must not attend training, matches or any other associated event if they have

- visited Victoria in the last 14 days
- attended any of the reported case locations on the NSW Health website

Parents/Spectators

- It is recommended that spectators should be limited to essential people only.
- It is recommended that only 1 Parent/Spectator may attend games
- Once the game or training has finished, we do encourage everyone to leave the facility as soon as possible

Changerooms

Capacity 6/7 people

- It is encouraged to shower/change at home where possible
- When changerooms open please adhere to the maximum capacity as indicated

Canteen/BBQ

Capacity 3 people in canteen

- the canteen will be open for Drinks, Package Food and Coffee
- BBQ and Hot Chips are available through the canteen
- Socks and Shorts will not be sold through the canteen this season, there will be separate days and times. Please keep an eye on Facebook.
- Preferred method of payment will be electronic rather than cash
- If cash used preference to use correct monetary value to minimise contact where possible
- All volunteers in the canteen/BBQ are required to wear gloves
- Queuing for the BBQ should be from the League field side not the traditional soccer field side.

- Sauces are to be applied by the BBQ volunteers not by the individual.

Clubhouse

- When open please adhere to the maximum capacity as indicated
- The clubhouse is not a change room

Bar

- Initially the bar will remain closed on the Sunday, this will be reviewed on an ongoing basis.
- If/When open service will primarily be through the windows of the clubhouse rather than from inside of the clubhouse
- It's expected that everyone will be required to be seated
- Preferred method of payment will be electronic rather than cash
- If cash used preference to use correct monetary value to minimise contact where possible

Ground Control Room

- Will be open but limited to 1 person within the room, maximum capacity
- Match Sheets will be contained on a table outside the Ground Control Room
- It's encouraged that Coaches and Managers carry their own pen, a pen will only be available on request.

Hygiene

- Hand Sanitisers are provided for use around the clubhouse
- Disposable gloves available for use for canteen, BBQ and duty teams handling equipment
- Cleaning products are available to wipe down frequently touched surfaces
- Sneeze & Cough into elbow
- No Spitting
- It's encouraged that players, officials, volunteers and/or parents carry their own personal hand sanitiser to enable good personal hygiene
- It is encouraged that all participants provide their own clearly labelled drink bottle for their use only
- No Sharing of any food or drinks
- Clean your own playing and training strip (including bibs) and avoid sharing articles of clothing eg high visibility vests or jackets
- No sharing of whistles, flags, cards and pens
- Gloves are to be worn when serving in the canteen or on the BBQ.

Social Distancing

- Rooms are identified with a maximum capacity, please adhere to these, they are displayed for reference
- At all times need to ensure 1.5m apart, exemption to family members
- It's encouraged that individuals be respectful of shared space and minimise time spent in enclosed public areas and observe physical distancing measures
- Team Benches have/will be marked to assist the 1.5m distance rules
- Team Benches are to be on opposite sides of the field
- Crowd Seating have/will be marked to assist the 1.5m distance rules
- Avoid crowds, large gatherings
- Get in Play or Train and then move on
- Indoor spaces/facilities will indicate the number of people that can occupy that space, these include canteens, changerooms and clubrooms

Training/Games/Equipment

Effective from 1st July

- Full Squad training is allowed includes competitive training without restrictions
- Training/friendly matches are allowed
- All skills/techniques training is allowed

- Body Contact -through tackling and challenges is allowed
- Sharing of equipment is allowed but need to continue to maintain cleaning and disinfectant measures
- If Bibs are used, each individual player is to be allocated a bib and each player is required to take the bib home and wash it.
- Return to full use of sporting facilities is permitted
- Once training has concluded social activity should be limited to essential activities
- Maintain attendance records

Duty

- Duty teams are now required to assist with Canteen, BBQ and Ground Control.
- Each competition team will be required to supply 2 people to assist for ground duty.
- Each Mini Roo team will be required to supply 1 Ground Control person
- When doing Ground Control and wearing a Ground Control vest please use a clean vest from the marked containers. Once finished please put it in the marked used container. Both containers are in the Ground control room. These will be cleaned at the end of each day.

Other

- Please ensure that Poster and Signage displayed around the clubhouse and fields is followed.
- Please refer to the below resources and websites to obtain accurate information:
 - Australian Government Department of Health: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>
 - NSW Government Department of Health: <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx>
 - World Health Organisation: <https://www.who.int/>
 - Australian Institute of Sport: <https://ais.gov.au/health-wellbeing/covid-19>
 - Sport Australia: <https://www.sportaus.gov.au/>

Similarly, there is a range of COVID-19 “campaign resources’ produced by the Federal Government, including posters outlining hygiene practices (e.g. promoting thorough hand washing) found at:

<https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources>